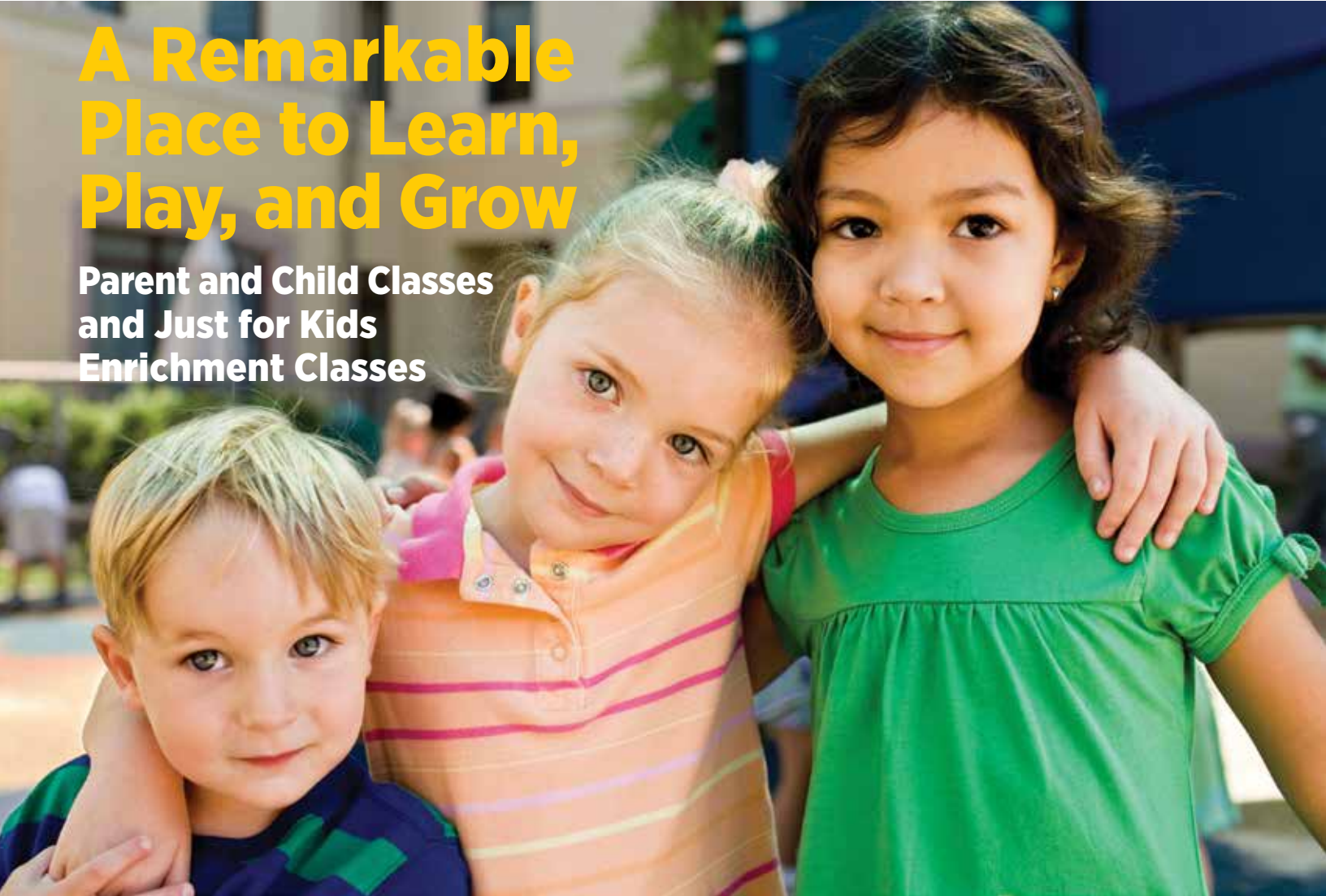


NSU's Mailman Segal Center for Human Development

Parenting Place™

**A Remarkable
Place to Learn,
Play, and Grow**

**Parent and Child Classes
and Just for Kids
Enrichment Classes**



The Parenting Place™ offers remarkable experiences for families and children to learn, play, and grow together. Classes are intentionally designed to provide a strong foundation for children's academic and social development. Families gather and connect with each other in an innovative, fun, and educational environment. This unique program is for children ages 6 weeks to 5 years old.

Classes Begin: Monday, January 13, 2020

Classes End: Saturday, April 4, 2020

Price: 12 weeks of classes for \$299

Where: 7600 SW 36th Street, Building 100,
Davie, Florida

To Register: Call (954) 262-7127

For More Information: Call (954) 262-7127
or visit us at nova.edu/parenting.

Mailman Segal Center
for Human Development
NOVA SOUTHEASTERN UNIVERSITY

NSU
Florida



Parent and Child Classes

Friendship Circle

2-5 years

75 minutes

Develop friendships in this unique program to support families and children with autism spectrum disorder and other developmental disabilities. Connect, learn, and play together.

Getting Ready for Preschool— Transition Program

2 years by January 2020

24 classes/3 hours each, Two-day transition, Price: \$1,725

This two-day per week program is designed to support children as they transition to preschool. Children learn classroom routines and participate in carefully planned, rich, educational experiences that nurture academic and social competence. The program helps children become more independent, self-confident, and ready for preschool.

Music Together®

6 weeks-5 years

45 minutes, \$40 materials fee

Developed by the **Center for Music and Young Children**, this class is designed for parents who want to learn a variety of ways to support a child's love of music. Children's active music participation can help to strengthen neural connections and develop important areas in the brain, especially in early childhood. Enjoy singing, dancing and playing during this fun, interactive program.

Ooey, Goey Art!

2½-5 years

60 minutes, \$50 materials fee

Sensory exploration is an important part of early childhood education. This hands-on class will help children gain confidence, improve fine motor skills, and foster creativity while using a variety of sensory materials. Dress for a mess!

Ooey, Goey, Messy Fun!

12-36 months

60 minutes, \$50 materials fee

Children's overall development is enhanced when they experience a variety of sensory experiences. Enjoy playing with every slimy, sticky, silly thing imaginable. Children are encouraged to use hands, fingers, feet, and toes, which will help enhance gross and fine motor skills. Roll up your sleeves and come have fun!

Play Together, Learn Together

6 weeks-8 months, 9-18 months, and 19-24 months

75 minutes

You and your child will participate in play-based activities that support cognitive and social development while learning solutions to parenting challenges and enjoying opportunities to develop friendships.

Sports for Fun

18-24 months and 2-3 years

60 minutes

Children learn about exercising and the fundamentals of sports and cooperation. Not only will this help support gross motor development and hand-eye coordination, but it will also foster social skills and a love for physical activity.

Step into STEM

2+ years

75 minutes

Engage in science, technology, engineering, and math experiences designed to inspire creativity, problem-solving and analytical skills. Self-guided and teacher-led projects build curiosity about the natural world and how things work.

Just for Kids—Enrichment Classes

60 minutes each

Ballet

3–5 years

This engaging movement class playfully introduces the basic positions of ballet utilizing music, games, creative imagery, and stories.

Creative Movement

3–5 years

Children love to move! Preschoolers will get up and dance, use props, and work on their gross motor skills. The music is creative and upbeat, allowing the children to use their imagination.

Fit Yoga

3–5 years

This class will introduce the fundamental uses of positive language, affirmations, visualization, and yoga movements. This activity teaches relaxation techniques, kindness, and a child's sense of self.

Knead It!

3–5 years

\$50 materials fee

Through participation in hands-on sensory experiences, children will discover their creative side while enhancing fine motor skills and strengthening muscles.

Leap into Learning

2 ½–5 years

The research is out—children's brains retain information best when movement is incorporated into learning. Have your child join us for this gym-based active educational class where the children work on learning the alphabet and more!



Master Chefs

3–5 years

\$50 materials fee

In this interactive cooking class, young chefs work with their hands, engage all of their senses, collaborate with their peers, and create nutritious meals and snacks. Cooking also provides a chance for our youngest learners to see the changes that take place when ingredients are measured, mixed, and heated. The transformation from ingredients to food is a memorable moment of science and mathematics in action.

TAKE ANOTHER LOOK AT A REMARKABLE PLACE

Building on a more than 40-year history of excellence, Nova Southeastern University's Mailman Segal Center for Human Development also offers a variety of educational programs for children and families, including those listed below.



EARLY CHILDHOOD
INSTITUTE



AUTISM INSTITUTE



CLINICAL PROGRAMS



RESEARCH CORE



ACADEMICS HUB

Parent and Child Classes

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|------------------------------------|--|--|----------------------|----------------------|---|
| Friendship Circle 2-5 years | | | | 2:30-3:45 p.m. | | |
| Getting Ready for Preschool 2 years by January 2020 | | 9:30 a.m.-12:30 p.m. | | 9:30 a.m.-12:30 p.m. | | |
| Music Together® 6 weeks-5 years | | 9:15-10:00 a.m. 10:15-11:00 a.m. 11:15 a.m.-noon | 9:15-10:00 a.m. 10:15-11:00 a.m. 11:15 a.m.-noon | | | 9:30-10:15 a.m. 10:30-11:15 a.m. |
| Ooey, Goopy Art! 2 1/2-5 years | | | | | 9:30 a.m.-10:30 a.m. | |
| Ooey, Goopy, Messy Fun! 12-36 months | 9:15-10:15 a.m. 11:00 a.m.-noon | | | | | |
| Play Together, Learn Together 6 weeks-8 months | | 9:15-10:30 a.m. 10:45 a.m.-noon | | | | 11:00 a.m.-12:15 p.m. |
| Play Together, Learn Together 9-18 months | | | 9:30-10:45 a.m. 11:00 a.m.-12:15 p.m. | | | 9:30-10:45 a.m. |
| Play Together, Learn Together 19-24 months | 9:30-10:45 a.m. | | | | | |
| Sports for Fun 18-24 months | | 10:45-11:45 a.m. | | | | |
| Sports for Fun 2-3 years | | | 10:45-11:45 a.m. | | | |
| Step into STEM 2+ years | | | | | | 9:30-10:45 a.m. (intro class) 11:00 a.m.-12:15 p.m. (must have attended intro class) |

Just for Kids

| | Monday | Tuesday | Wednesday | Thursday |
|--|----------------|----------------------------------|----------------------------------|----------------|
| Ballet 3-5 years | | 1:00-2:00 p.m. 3:00-4:00 p.m. | | |
| Creative Movement 3-5 years | 1:00-2:00 p.m. | | | |
| Fit Yoga 3-5 years | | 1:00-2:00 p.m. | | |
| Knead it! 3-5 years | | | | 3:00-4:00 p.m. |
| Leap into Learning 2 1/2-5 years | | | 1:00-2:00 p.m. | |
| Master Chefs 3-5 years | | | 1:00-2:00 p.m. 3:00-4:00 p.m. | |

For more information about NSU's Mailman Segal Center for Human Development, visit msc.nova.edu or call (954) 262-7127.